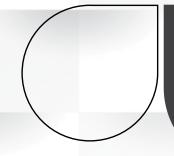
www.probusclubchennai.com



PROBUS CLUB OF CHENNAI

(Sponsored by Rotary Club of Madras) Regd (148/2004)

An association of Retired Professionals, Businessmen, Government Servants and others Donate Liberally for scholarship fund and avail 80G Concessions



Share your happiness of various events in your family by donating to Sunshine Fund



அழக்கொண்ட எல்லாம் அழப்போம் இழப்பினும் பிற்பயக்கும் நற்பா லவை. (குறள் 659)

பிறர் வருந்துமாறு செய்து பெற்ற பொருள் எல்லாம் பெற்றவன் வருந்துமாறு செய்து போய்விடும், நல்வழியில் வந்தவை இழக்கப்பட்டாலும் பிறகு பயன் தரும்.

All that has been obtained with tears (to the victim) will depart with tears (to himself); but what has been by fair means; though with loss at first, will afterwards yield fruit..

FROM THE PRESIDENT'S DESK



Dear Probians,

Loving Greetings to you and your family members.

I am happy to inform you that, the Russian Centre for Science and Culture, has agreed to provide the Exhibition Hall as the venue

for the May 22, for the monthly breakfast meeting to be held on Wednesday, the 25th of May '22. Pn N.C. Gnanaprakasam, Vanoli Anna will be the chief Guest. In the last month's Breakfast meeting held on Sat., 23rd April, as the Chief Guest, Dr. Lakshmipathi Ramesh, Geriatrician, Founder and Director of Geri Hospital near Vani Mahal could not come due to some emergency call, he deputed Dr. Vasant from his Hospital who spoke on the various activities of the Geri Care, Elders' health and gave useful advices

to the members on "Healthy Ageing." Geri Hospital also organised a Free Health Check-up camp for Probians from 08.30 a.m. at the Russian House, which was appreciated by all Probians. Probian Satyanarayanan B, EC Member's two Books were released in the Breakfast Meeting, and he agreed to give all present a free copy and donated the amount given voluntarily for the books by the members to our club.

I appeal to all the members to carefully go through the Announcement for this year Annual Publication printed elsewhere in this issue of Probuzz inviting articles, jokes, poems in Tamil / English marking 30 years of completion by our Club.

Probian Past President Singaraja M. Capt. Dr. donated Rs.15,000/- to Thakkar Bapa Harijan Seva Samaj towards construction of Didi Nirmala Deshpandey Harijan Girls Hostel at Chetpet, Chennai. He also has been awarded a certificate for participating in the 3-day 29th International Conference (Virtual) of Indian Association of Palliative Care at Jaipur in Feb., '22 by the Baghwan Mahaveer Cancer Hospital & Research Centre. I congratulate and request our members to emulate him in Charity and continuous learning habit.

We are in the process of printing of the Bye-law book and also compiling the latest information from members for the next issue of Member Directory. We are yet to receive the Personal Data Information Sheet sent with a self-addressed stamped envelope by PF Sadagopan, Joint Secretary from more than 100 members. As lot of time has passed and the fear of covid is receding, I request the members who will be contacted by the Secretary or other EC Members to submit the forms early as it is our endeavour to bring it out at the earliest.

I once again Appeal to you all donors to immediately send your PAN Card / Aadhar No. details to the Treasurer at the earliest and also note to indicate your PAN Card no. on the back of the Cheque while making donations in future. If we upload data on donations to income tax dept. without PAN Card, the donors may not be able claim the Sec 80G exemption under I.T.

I thank Pn N.R. Sampath and Pn E.R. Lakshmanan who have contributed / sponsored the Breakfast for our Monthly Meetings. I appeal to all of you also to consider sponsoring full / a share of the Breakfast cost for our future Monthly Meetings.

I sincerely thank Pn. N.G. John, our Internal Auditor who has fully sponsored this May, '22 issue of Probuzz. I appeal to others also to come forward and sponsor the Strip Advt. in Probuzz, our Club's Newsletter. I also request all Life Members to contribute at least Rs.100/- for the Probuzz Annual Subscription to bolster the Probuzz Corpus Fund.

All of you are aware that the Annual Membership Fee has been increased from Rs.500/- to Rs.1,000/from this year. I request all Annual Members to send in their Annual Subscription along with Rs.100/- for the Probuzz Newsletter Annual Subscription at the earliest, if not sent so far.

Soliciting and expecting you all to make it convenient to attend the Breakfast Meeting at the Russian House after more than two years in good strength,

I remain

With regards, Yours sincerely,

Ranganathan B

President - Probus Club of Chennai

Dear Probus brothers and sisters,

Greetings to all my fellow Probians.

We trust you enjoyed going through the April 2022 issue of Probuzz replete with photos of the Scholarship Distribution Function held on 24 March 2022 and the International Women's Day celebrated by Probus Club of Chennai on 26th March 2022.

In keeping with our tradition, this issue also includes a few contributions received through WhatsApp and email from our fellow Probians. In this connection, I would like to remind our members of our repeated pleas for more articles and other contributions from our members. Without a steady inflow of contributions our Probuzz newsletter will lose a lot its charm.

One of the highlights of this issue is the announcement inviting articles, jokes, poems in Tamil / English for the forthcoming Annual Publication. This announcement is particularly significant, as this year's Annual Publication will mark the completion of 30 years of service by Probus Club of Chennai.

Wish you Happy Probuzz reading,

EDITOR (vijisbi@gmail.com)



SECRETARY'S REPORT



Dear Probians,

Greetings to you, your family, and your friends

It is my pleasure to write this report during May month, when workers around the world celebrate Mayday, a day

of significance. Many countries celebrate May 1st as a traditional spring festival or as an international worker's day. Several countries in the world are experiencing a recession, low GDP, ongoing turmoil in Ukraine, and economic collapses in Sri Lanka and some of the other parts of the world, but India is stunningly swimming against the tides and currents. Those governments who shaped our nation with fantastic architecture, both present and past, deserve our thanks.

EC committee meeting took place on Saturday, April 9, 2022, at 10:35 am at Gandhi Gallery Thakkar Bapa Vidyalaya, Venkatanarayana Road, T. Nagar, Chennai. The universal prayer was recited by Pn Sugumar S. The President, Pn B. Ranganathan, welcomed all in his welcome address. Additionally, he spoke about visiting Vishranthi Home at Palavakkam, Chennai. PF V. Balachander read the March 2022 Treasurer report. Members discussed conducting a family meeting during June or July 2022. The vote of thanks was proposed by Pn M. Annadhurai, secretary.

Review of Zoom Meeting: Guest Speaker Ms. Sundari K, ex-GM, RBI. Topic: Cryptocurrencies, frauds & RBI role in regulation and control:

We have scheduled a Zoom meeting for Friday, April 15, 2022, at 10 am. The Guest speaker on that day was Ms. Sundari K, former General manager of the Reserve Bank of India. The universal prayer was recited by Pn Jayashree Kishore. The virtual gathering was welcomed by Pn Ranganathan president. Pn Maala Venkataraman, EC Member, who was instrumental in inviting the Guest Speaker, introduced the Guest Speaker. Her talk focused on the Modus Operandi and precautions to be taken to prevent fraudulent transactions in banks and NBFCs. Among various modes of fraudulent transactions, she cited Phishing links, Vishing calls, Frauds using online sales platforms, ATM card skimming, SIM swap / SIM cloning, scam through QR code scan, Juice jacking, Lottery fraud, Online job fraud, Money mules,

Fake advertisements to extend loans by fraudsters, MS / Email / Instant Messaging / Call scams, OTP based frauds, fake loan websites/app frauds. The speaker also talked about the General Precautions to be taken before financial transactions, such as safe Internet banking, safe internet browsing, E-mail account security, password security and precautions related to debit/credit cards.

The following are the links for filing complaints (1) Filing complaints online, please visit the link at https://cms.rbi.org.in/ (2) Complaints by email can be sent to crpc@rbi.org.in. (3) Complaints in physical / paper form can be sent to CRPC, Reserve Bank of India, Central Vista, Sector -17, Chandigarh -160 017. (4) Complaint to Securities and Exchange Board of India (SEBI) Please visit the link at https://www.sebi.gov.in/ (5) Complaint to Insurance Regulatory and Development Authority of India (IRDAI) Please visit the link at https://www.irdai.gov.in/ (6) Complaint to National Housing Bank (NHB) Please visit the link at https://nhb.org.in/ (7) Complaint to Cyber Police Station Please visit https://cybercrime.gov.in/

She also talked about the new Digital Currencies such as Positive Payment, ATM transactions, Tokenisation - Credit/Debit card transactions, Banking Ombudsman scheme, Cryptocurrencies & RBI views, and the various types of Cryptocurrencies and their scams. There was much interest in her speech and a lot of interaction among the members. The vote of thanks was proposed by Secretary Pn Annadhurai M.

Review of April Monthly Meeting: Guest Speaker Dr Vasanth K Geriatric, Gericare Hospital, Near Vani Mahal, Chennai:

We held our April monthly meeting at Russian House on Saturday 23rd April 2022. Medical checkups for free, including random Blood sugar testing, Blood Pressure screening, Dietitian consultations, and Physiotherapist consultations, were provided by M/s Geri Care Hospital, T. Nagar, Chennai. Several Probians made use of this service. A universal prayer was sung by Pn Jayashree Kishore to begin the meeting. Pn Ranganathan B welcomed the participants. Probian Sathyanarayanan B has requested that we release his two books, "The Country Doctor and the Devilish Visitor" (Short Stories) and "The Double Universe Theory" (Philosophy). The Books were released by the President, and the first copy was received by Dr K. Vasanth, the Guest Speaker. Pn Annadhurai.M introduced the Guest Speaker to the audience. Dr Vasanth spoke about elder person's health issues, Preventive measures, and options available for the treatment. He gave plenty of medical advice to senior citizens. Birthday gifts were given to Probians who was presented on that day. A vote of thanks was proposed by Pn Annadhurai M, who thanked Gericare Hospital Director Dr Lakhsmipathy Ramesh N, Dr K. Vasanth Guest Speaker, and the Medical Team led by Mr. Damodaran for the free medical camp held at Russian House for our Probians, April Month Breakfast Sponsors Pn Sunder Shankar, Pn Veeraraghavan KV, and Pn Gunasekaran G, and April Month Probuzz newsletter sponsor Pn Brig We also thanked Russian House Management for providing the Auditorium for the meeting.

On the Home visit side, President Pn B. Ranganathan, Jt. Sec PF G. Sadagopan, PPP RT Namasivayam visited Pn Ambrose SP, IAS (Retd) on his 94th Birthday on April 14, 2022, and Pn T. Rajagopalan L 274 on his 88th Birthday on April 24, 2022 and wished them Birthday Greetings.

On 20th April 2022, Russian House Chennai & Indo Russian Chamber of Commerce and Industries organized a **Round Table Discussion** on the occasion of the **75th Anniversary of Russian - Indian**

Diplomatic Relations. Myself, Pn Ranganathan B, and Pn Prabhakar M attended the meeting on behalf of our Club.

On 30th April 2022 at 7.00 am at Elliot's Beach, Besant Nagar, Chennai, a walk of Indo-Russian friendship was held in honour of the 75th Anniversary of diplomatic relations between India and Russia. From our Probus club side, Pn Ranganathan B, Pn Annadhurai M, PF Sadagopan G, Pn Tharaka Ram G N, Pn Ramaraj V, Pn Geetha Viswanathan, Pn Maala Venkatraman, Patron R Vivekanandan, Pn Pranesan AG and Pn Ramaraj V participated in the walkathon. Pn Pranesan AG provided water bottles to all participants. The Russian House Manager, Mr. Baskar, distributed caps to all participants

Please consider sponsoring the entire Probuzz Newsletter by donating Rs.5,000/- or at least contribute to the advertisements by donating Rs.800/- for the inner pages and Rs.1,000/- for the first and last pages. If you send articles, jokes, or home events to our PROBUZZ editor or me, we can include them in our PROBUZZ newsletter.

Thanks for your continued support, Probians. All the best to you in the coming days.

M. Annadhurai, Secretary

LIST OF DONATIONS RECEIVED IN APRIL. '22

S. No.	Name	Amount in Rupees
A.	ANNUAL BOOK 2021	
1	Nagarajan C.S.	160.00
В.	BREAKFAST SPONSOR	
2	Lakshmanan E.R.	6,500.00
3	Sampath N.R.	10,000.00
4	Sunder Sankar	18,000.00
5	Veeraraghavan K.V.	18,000.00
6	Vivekanandan R Patron	18,000.00
C.	EDL. SCH. SCHEME (ESS)-ADDL.	
7	Ramaswamy N	15,000.00
D.	ESS-DEFICIT	
8	Venkateswaran CS	5,250.00
E.	ESS-SNACKS	
9	George Mathew Brig.	5,000.00

S. No.	Name	Amount in Rupees		
F.	OLD AGE HOME VISIT EXPS.			
10	Maala Venkatram	2,000.00		
G.	PROBUZZ ANNUAL SUBSCRIPTION			
11	Jagadisan C.D.	100.00		
12	Lakshmanan E.R.	100.00		
13	Suganthi Premkumar	100.00		
н.	PROBUZZ CORPUS FUND			
14	George Mathew Brig.	5,000.00		
15	Jayakumar Sambandam	1,090.00		
16	Sathyanarayanan B Dr	780.00		
I.	SUNSHINE FUND			
17	Lakshmi Natrajan	500.00		
18	Radhakrishnan S Dr.	1,000.00		
19	Suganthi Premkumar	500.00		
J.	GRAND TOTAL	107,080.00		

We Wish A Very Happy Birthday To All Probians having Birthdays in June 2022

S.No.	Title	Name	Mem No.	DOB
1	Probian	John N.G.	L-249	01 JUN
2	Probian	Annadhurai M.	L-228	01 JUN
3	Probian	Pandurangan V.M.	L-237	01 JUN
4	Probian	Chandramohan V.R. Dr.	L-172	02 JUN
5	Probian	Arunajatesan S	L-199	03 JUN
6	Probian	Ramaraj V	L-316	03 JUN
7	Probian	Maala Venkatram Ms.	L-240	06 JUN
8	Probian	Rajendra Kumar Jalan	L-146	06 JUN
9	Probian	Govindan S.	L-012	06 JUN
_10	Probian	Rajalakshmi S.	L-154/2009	07 JUN
11_	Probian	Krishnamurthi R.	L-018	08 JUN
_12	Probian	Ramaraju S. Er.	L-127	09 JUN
_13	Probian	Venkatachari K.	L-042	09 JUN
_14	Probian	Suntharaam E.P.	L-238	09 JUN
_15	Probian	RajaramPandian K.	L-255	10 JUN
_16	Probian	Subramaniayar V.N.	L-221	11 JUN
_17	Probian	Natarajan S.	L-208	11 JUN
_18	Probian	Panneerselvam S	L-296	12 JUN
_19	Probian	Kumar N	L-322	12 JUN
20	Probian	Gopinathan V	L-128	13 JUN
21	Probian	Ashok Galada K	L-166	13 JUN

S.No.	Title	Name	Mem No.	DOB
22	Probian	Varadarajan S.V.	L-199A	14 JUN
23	Probian	Gandhi R.	L-009	14 JUN
24	Probian	Sundera Gopalan	L-241	15 JUN
25	Probian	Ranganatha Rao S.	L-031	15 JUN
26	Probian	Natarajan S.	L-338	15 JUN
27	Probian	Balaguru G.	L-182	15 JUN
28	Probian	Badri C.	L-198-A	16 JUN
29	Probian	Sakunthala Sundaram Mrs.	L-123	17 JUN
30	Probian	Thangiah K.	L-046	17 JUN
31	Probian	Vijayalakshmi M.R.	L-290	17 JUN
32	Probian	Dhanasekaran D. Dr.	L-043	18 JUN
33	Probian	Hariharan V.	L-014	19 JUN
34	Probian	Ramaswamy T.S. Dr.	L-132	20 JUN
35	Probian	Jagadeesan N.	L-217	22 JUN
36	Probian	Varadarajan R.	L-239	24 JUN
37	Probian	Jyothikumar J.	L-245	24 JUN
38	Probian	Ranganathan B.	L-226	26 JUN
39	Probian	Mohanadoss T	L-308	28 JUN
40	Probian	Chandrasekaran P	L-153	28 JUN
41	Probian	Mohan M.	L-185	29 JUN

A Very Happy Anniversary To All Probians Who Have Wedding Anniversaries During This Period

S.No.	Title	Probian Name	Mem No.	WedDt	Spouse Name
1	Probian	Madhava Rao A.G. Dr.	L-102	15 May	Mrs. N. Bhanumathy
2	Probian	Gandhi R.	L-009	01 JUN	Mrs. Vishalakshmi Gandhi
3	Probian	Anantharaman T.V.	L-236	02 JUN	Mrs. Gomathy
4	Probian	Rajagopalan N. Dr.	L-150	02 JUN	Mrs. C.R. Vijayakumari
5	Probian	Rao B.S. (Bandi Sambasiva)	L-340 (old A-310)	02 JUN	Mrs. B. Lakshmi
6	Probian	Lourdusamy P.M.	A-356	04 JUN	Mrs. T.A. Maria Rose
7	Probian	Arumugam S	L-094	04 JUN	Mrs. A. Chandrika
8	Probian	Karuppasamy S Dr.	L-346	05 JUN	Mrs. T. Kalaiselvi
9	Probian	Gnanaraj Paul	L-104	06 JUN	Mrs. G. Rathnavathy
10	Probian	Mohandoss R.	L-216	06 JUN	Mrs. Chandra
11	Probian	Velumani S	L-272	06 JUN	V. Nirmala
12	Probian	Muthuswamy Prabhakar	L-277	08 JUN	Rama Prabhakar
13	Probian	Raman K.V. Dr.	A-221	10 JUN	Dr. (Mrs) Saroja Raman
14	Probian	Govindan S.	L-012	11 JUN	Mrs. Padmavathy
15	Probian	Ramachandran S.	A-087	12 JUN	Mrs. Nirmala Ramachandran
16	Probian	Parthasarathy K	L-284	12 JUN	Mrs. Meenlosani P
17	Probian	Thulasi G. Dr.	L-213	12 JUN	Mrs. Vijaya Thulasi
18	Probian	Chandrasekaran C.	A-012	12 JUN	Mrs. Vasantha Chandrasekaran
19	Probian	Santhanagopalan S	L-310	13 JUN	Mrs. S. Susila
20	Probian	Veeraiyan P.T.	L-223	13 JUN	Mrs. P. Padmapriya
21	Probian	Mohanadoss T	L-308	14 JUN	Mrs. M. Devaki
22	Probian	Sathyanarayanan B. Dr.	L-033	16 JUN	Mrs. S. Sukanya
23	Probian	Augustine B	L-065	16 JUN	Dr. Ashalatha Augustine
24	Probian	Ramachandran D.N.	L-309	17 JUN	Mrs. Saroja Ramachandran
25	Probian	Sampath S.	L-053	18 JUN	Mrs. Jayalakshmi Sampath
26	Probian	Ramachandran N.	L-144	19 JUN	Mrs. R. Lakshmi
27	Probian	Badri C.	L-198-A	21 JUN	Mrs. Sathyabama Badri
28	Probian	Ramachandran N.	A-317	22 JUN	Mrs. K.V. Maithreyie
29	Probian	Narayanan V.	L-079	22 JUN	Mrs. Saroja Narayanan
30	Probian	Esakie Muthammal	L-275	24 JUN	Pn Sivagaminathan, K.
31	Probian	Ramakrishnan V.	A-211	24 JUN	Mrs. Vijaya Ramakrishnan
32	Probian	George Mathew Brig.	L-250	24 JUN	Mrs. Vasanthi Mathew
33	Probian	Sivagaminathan K.	L-151	24 JUN	Mrs. E. Muthammal
34	Probian	Pranesan A.G.	L-342	26 JUN	Mrs A. Bagyavathi
35	Probian	Somasundaram M	L-335	26 JUN	Mrs. S. Visalakshi
36	Probian	Dhanasekaran D. Dr.	L-043	26 JUN	Mrs. Prabhavathy
37	Probian	Deivasigamani N.	L-333 (old A-225)	26 JUN	Mrs. Geetha Deivasigamani
38	Probian	Sridharan G.N.	L-143	26 JUN	Mrs. Rajalakshmi Sridharan
39	Probian	Thiyagarajan P.	L-203	26 JUN	Mrs. Varalakshmi
40	Probian	Venugopal Reddy S.	L-264	27 JUN	Manohari G.
41	Probian	Vittal N.	L-118	28 JUN	Mrs. Gita
42	Probian	Natarajan S.	L-338	29 JUN	Mrs. Suryakumari Natarajan



Probus Club represented at the function held on 09 May 2022 at the Russian Centre



Visit to Probn T. Rajagopalan's (L-274) House at Anna Nagar, Chennai of his 88th Birthday



Wishing Probn. K. Sahasranamam, at his son's house at Pallikaranai, on his 90th Birthday



Visit to Probn Lakshmi Natarajan's house on her Golden Jubilee wedding anniversary

Breakfast Meeting 23 Apr 2022



























ANNOUNCEMENT - PROBUS CLUB OF CHENNAI ANNUAL PUBLICATION FOR THE YEAR 2022

Probus Club of Chennai will be bringing out the Annual Publication to coincide with the International Day of the Elderly on Olst October, '2022. As the Club will be completing 30 years this year, the issue will be brought out in the lines of our Silver Jubilee issue brought out in 2017. We invite contributions from the Probians and others. The guidelines are given below:

Articles (relevant to the objectives of the Club and relevant to the 75 years of India's Independence compared to the experiences of the Elderly, health problems, remedies, achievements of the Club in the last three decades of our Club, etc.) neatly typed in Tamil / English (A4 size paper on one side only Or CD) with 1.5 lines spacing and font size 10 are invited. Two copies of the Articles with passport size photograph of the Author should reach (a) Pn. Dr. P.P. Ramaswami, #3/66, "S" Block, 19th Street, Anna Nagar, Chennai-600 040 (email: ppramaswami@hotmail.com) Or (b) Pn. M. Annadhurai, Secretary, A-304, "A" Block, Urban Tree Fantastic Apt., Pallikuppam Road, Rajiv Nagar, Numbal, Vanagaram, Chennai-600 077 (email: annadhuraimk@ gmail.com on or before 14th August 2022.

- 1. Handwritten articles will not be accepted.
- 2. Articles may be edited or abridged when found suitable for publication.
- 3. No reason for rejection or acceptance of the contribution will be communicated to the contributors.
- 4. Hand-written articles and late receipt of articles are likely to be rejected.
- 5. Please avoid downloading from Google or other websites in internet.
- 6. Suggestions are welcome for this year's publication. Suggestions of utmost two suitable, appealing, and relevant Titles for the Publication as well as suitable attractive and appreciable colour photo taken by members or their family members (not downloaded from Google or internet websites) depicting Elders' Expectations are welcome for Front Outer Wrapper.
- 7. Suitable humour / jokes may also be sent for insertion in space available in the Publication.
- 8. Kindly help us to help you.
- 9. Contributions (Articles) already published elsewhere earlier may please be avoided.
- 10. More than two articles from any one contributor are likely to be rejected.

We request your support and cooperation.

Regards,

Pn Dr. P.P. Ramaswami, Pn M. Annadhurai

CHEYYAR PROBUS CLUB - APRIL 2022

(Received be Email from Mr. Sivagnanam Sundaram)

செய்யாறு புரோபஸ் கிளப்பின் 2022 ஏப்ரல் மாத கூட்டம் தலைவர் S. சிவஞானம் தலைமையில் 16.4.22 காலை 10.30 மணிக்கு தொடங்கியது. M. பழனி இறை வணக்கம் பாட, E. கணேசன் தமிழ்த்தாய் வாழ்த்து பாடினார். செயலர் M. புகழேந்தி வரவேற்புரை ஆற்றி சென்ற மாத கூட்ட அறிக்கையை வாசித்தார். தலைவர் உரையில் வடமணப்பாக்கம் அ. மே. நி. பள்ளி 10 ஆம் வகுப்பு மாணவர்களிடம் நடந்த "நினைத்ததும், கிடைப்பதும்" நிகழ்ச்சி பற்றி கூறினார். இந்தாண்டு ஆண்டு விழா நடத்துவது பற்றி விவாதிக்கப்பட்டது. C. கமலா எளிய முறையில் வினாடிவினா நிகழ்ச்சியை நடத்தினார். V. ஸ்ரீதரின் சேவையை பாராட்டி M. விஜயா முனுசாமி பொன்னாடை அணிவித்தார்.

N. மணிவண்ணன் இம்மாத சிறப்பு விருந்தினர் Dr. பூங்கோதை சுப்பிரமணியம் அவர்களை அறிமுகப்படுத்தினார். சிறப்பு விருந்தினர் நீரிழிவு நோய் வராமல் இருக்கவும் வந்து விட்டால் அதற்கான சிகிச்சை முறையினையும் விளக்கிக் கூறினார். அடுத்து வரும் சந்ததியினருக்கு நோய் வராமல் இருக்க பாதுகாப்பு முறைகளை கூறினார். அவருடன் வந்த மருத்துவக் குழுவினர் 40 க்கும் மேற்பட்ட உறுப்பினர்களுக்கு இரத்த சர்க்கரை பரிசோதனையும், இரத்த அழுத்த அளவினையும் சோதித்து தகுந்த ஆலோசனைகளை வழங்கினர்.

இம்மாதம் பிறந்தநாள் மற்றும் திருமண நாள் காணும் 15 உறுப்பினர்களுக்கு வாழ்த்துக்கள் தெரிவித்து பொன்னாடை அணிவிக்கப்பட்டது. இறுதியில் பொருளர் K. கந்தசாமி சென்ற மாத வரவு செலவு அறிக்கையை வாசித்து நன்றியுரை ஆற்றினார். தனது பிறந்தநாளை முன்னிட்டு T.R. கார்த்திகேயன் அனைவருக்கும் மதிய உணவு வழங்கினார். மதிய உணவிற்குப் பின் கூட்டம் இனிதே முடிவுற்றது.





DATES TO REMEMBER: 25 MAY 2022

Breakfast Meeting will be held on Wednesday the 25th of May 2022 from 08:45 a.m.

Venue: Exhibition Hall, Russian House, Kasturi Rangan Road, Teynampet,

Chennai 600018.

CHIEF GUEST: Pn N.C. Gnanaprakasam, Vanoli Anna

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